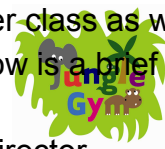
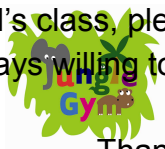


Welcome to Session 5! The Gymnastics Training Center of Ohio Jungle Gym Staff has lots of fun and excitement planned for this session!! If you ever have any questions or concerns about your child's class, please feel free to talk to your child's instructor before or after class as we are always willing to help in anyway!



Below is a brief summary of what is going on the next eight weeks!

Thanks again for joining GTCO this session! Miss Beth/Jungle Gym Director

WEEK 1: FALL FESTIVAL WEEK!! One of the favorite weeks at GTCO as the students wear their costumes to class! We will be doing a parade through the gym, spooktacular mazes, pumpkins, and more!! Our focus will be 'glide swings' on the bars and how to do them and we will be concentrating on our running skills—a favorite for all the kids!

WEEK 2: SO YOU THINK YOU CAN ROLL?!! Lots of Frontrolls, Backrolls, Logrolls, rolls on the bar, on the trampoline down hills and more!

WEEK 3: TUMBLING TEDDY WEEK! The kids love this week as they bring their favorite Teddy Bear to class and Tumble with Teddy! Our staff uses innovative ways to help the children learn skills visually while Teddy does the skill during warmups. We will reinforce different gymnastic positions and how to properly perform them (tucks, straddles, pikes, etc.) Don't forget your Bear!! Lots of fun activities!!

WEEK 4 and Week 5: Turkey Tumble and Crazy Cartwheel Week! Cartwheels will be our focus these two weeks as we learn unique ways to learn and practice cartwheels! In addition, we will be tumbling like turkeys all over the gym doing donkey kicks, handstands and more! Our staff will also be talking with the kids about all the things we are thankful for! Happy Thanksgiving to all from the Jungle Gym Staff~GTCO will be closed Thursday, Friday, and Saturday (11/24-11/26), stop by the Front Desk to schedule your make up class! **Make sure you enroll your child in our annual**

ONE DAY TURKEY TUMBLE CAMP held the day after Thanksgiving!! Drop off the kids & go shop!

WEEK 6: Over the river ...and to the gym we go!! We are focusing on over/under concepts in addition to handstands and strong, straight arms!

Watch out for Frosty and snowballs in the gym this week!!

WEEK 7: Jingle Gymnastics!! Jingle all the way as we are jumping to jump this week learning how to jump correctly on and off of equipment, jumping forwards, backwards, sideways and more!! Lots of bells and jingles! This is also Picture/Video Week!! Parents are invited into the gym to get pictures of all the new skills we have learned! Tuition is due for Session 3 this week! GTCO is closed for two weeks during the holiday season (December 19-January 1) Session 3 begins January 2, 2012! **SPECIAL OFFER:** **Sign up for Session 3 AND Session 4 and receive 15% off a Yankee Candle (a great Christmas gift!)**

Offer expires December 20, 2011.

WEEK 8: HOLIDAY HOOPLA WEEK! We will be reviewing all the skills we have learned this session with Frosty, snowballs, jingle bells and more!! We also invite all the students to **BRING A FRIEND FOR FREE THIS WEEK** so they can join in on the fun too!

Lots of surprises and gymnastics!!

Happy Holidays from the staff at Gymnastics Training Center of Ohio

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