

2019 OHIO USA GYMNASTICS MEN'S CHAMPIONSHIPS

FINAL Schedule



Saturday March 23rd

Session 1

Level 5 (89)

8:00 - Open Stretch
8:20 - Flight A Warm Up
8:35 - Team Introductions
8:45 - Competition

Session 2

Level 7 (29), Level 8 (31) & JD (32)

12:00 - Open Stretch
12:20 - Flight A Warm Up
12:35 - Team Introductions
12:45 - Competition

Session 3

Level 9 (32) & Level 10 (55)

4:00 - Open Stretch
4:20 - Flight A Warm Up
4:35 - Team Introductions
4:45 - Competition

Sunday March 24th

Session 4

Level 4 (60) & Level 6 (68)

8:00 - Open Stretch
8:20 - Flight A Warm Up
8:35 - Team Introductions
8:45 - Competition

Session 5

Technical Sequence (21)

12:30 - Open Stretch
12:50 - Warm Up
1:05 - Competition

Information for the 2019 Ohio Men's Gymnastics Championships can be found on our website:

www.GTCOhio.com/StateMeet

Inquiries should be sent to: GTCOMeet@Gmail.com